



"To Acknowledge the Duty that Accompany Every Right"

Kids Score at Healthy Kids Day

Kids scored baskets, popped balloons, hooked prizes at the fish pond, had caps decorated, put on tattoos, crawled through tunnels, skipped rope, did the hula hoop and enjoyed the music and food at the YMCA's Healthy Kids Day event held at the Bishop Museum.

Healthy Kids Day is an event sponsored by the YMCA of the USA and is being celebrated with different events across the country by local YMCAs.

The YMCA of Honolulu's Healthy Kids day event featured games, exhibits, entertainment, food and lots of infor-

mation about healthy living shared by scores of different youth and health organizations.

The Kalihi Y's Men's and Women's club joined other Y's Men, YMCA staff and other volunteers to put on a very successful event attended by a large crowd of parents with their children. Helping out were Eddie and Liane Miwa, Dan and Ethel Takamatsu, Phil and Mei-Chih Chun, Sally Wong, Bev and Dick Wong. Coordinating the work of the Kalihi Y's staff and volunteers was Tony Pfaltzgraff, with wife Charlene Young. ▼



Clockwise from top left: Y staff members Donna (left) and Sandy register volunteers. Tony Pfaltzgraff spends some precious moments with granddaughter, Emma. Dan and Ethel Takamatsu show off lunches on sale. Dick and Bev Wong enjoy a light moment.

HAPPENINGS

April

- 11 Work Project**
 Royal Summit, 8:00 a.m.
 98-438 Kaalo Street
 (window cleaning)
- 13 Membership Meeting**
 Kalihi YMCA, 6:30 p.m.
 Dinner hosts: Sunny Young,
 Sally and Willie Wong
- 18 Healthy Kids Day**
 Bishop Museum
 8:30a.m.–2:30 p.m.

May

- 11 Membership Meeting**
- 15 Kalihi YMCA Endowment Golf Tournament**
- 16-17 Regional Convention**
 Ilima/Miramar Hotels

SUNNY YOUNG RECEIVES THE JEFFERSON AWARD

Congratulations to club member Sunny Young, who was selected as one of the five Jefferson Award winners this year. Sunny, a club charter member, has been volunteering for a large number of organizations over the past several years, and was featured in a KGMB-TV broadcast.

A well deserved honor!



laugh a little live longer

After I retired, my wife insisted that I accompany her on her trips to Wal-Mart. Unfortunately, like most men, I found shopping boring and preferred to get in and get out. Equally unfortunately,

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District Council Meeting
See Regional/Metro District News on p. 3

Club Leadership Elected for 2009-2010

Kudos and congratulations to Ethel Takamatsu, Sally Wong, Wayne Kim and Tony Pfaltzgraff for accepting the leadership responsibilities for the next program year for the club. The Kalihi Y's Men and Women's Club will continue the Quarterly leadership format used this program year. The four presidents for the the incoming year July, 2009–June 2010:

- Ethel Takamatsu** 1st Qtr (Jul–Sep)
- Sally Wong** 2nd Qtr (Oct–Dec)
- Wayne Kim** 3rd Qtr (Jan–Mar)
- Tony Pfaltzgraff** 4th Qtr (Apr–Jun)

Much thanks also to Eddie Miwa and Dick Wong who volunteered to serve as the club's Secretary and Treasurer, respectively, again. While the quarterly president format worked out fairly well,

it could not have worked at all without Eddie, Dick, Dan Takamatsu and other more experienced members, who provided the glue to the whole system. The incoming presidents should do even better next year, with the continued support of the rest of the club members.

Five members (Phil Chun, Dan and Ethel Takamatsu, and Bev and Dick Wong) are planning to attend the Regional Convention full time. Others plan to attend one or more of the scheduled meals.

Members agreed to help the Kalihi YMCA in the Healthy Kids Day at the Bishop Museum on Saturday, April 18.

Another work project was approved, involving cleaning windows at a condo.

Kalihi Y Support Reaches 84% of Goal

Club members raised over \$12,000 for this year's Annual Support Campaign, which reported over \$64,000 in cash and pledges at the Victory Dinner on March 21. Only a little over \$10,000 is needed for the campaign to reach its goal. Mahalo to all club members who sacrificed their time and money help in the campaign. Ethel Takamatsu served as Team Captain, with, Bev and Dick Wong, Sally Wong, Phil Chun, Wayne Kim, Greg Lee, Eddie Miwa and Tony Pfaltzgraff as members of the Y's Men's and Women's Team. Tom Kusatsu and Dan Takamatsu served on the Board teams, while Sunny Young served on the Camp Branch team. ▼

Kalihi Y's Men and Women Clean Up Crew Does It Again

Kalihi Club's Clean Up Crew added another contribution of \$275 to the club's treasury, after doing another superb window cleaning work project in Aiea.

Mahalo to Dan and Ethel Takamatsu, Eddie Miwa, Bev and Dick Wong and Phil Chun for their hard work.



Club Meeting Notes

Third Quarter club President, Sally Wong, took over the reigns from Wayne Kim.

Camp Erdman Executive Director Josh Heimowitz announced that Camp has received an award to build a “green playground” at camp, but needs the help of Y’s Men to assist with the planning and construction of this Community-Build Playspace project.

Eddie Miwa gave an informative and moving eulogy at Mike Lacuessta’s funeral.

All those attending the joint club Christmas party agreed that it was a

very nice event and recommended that it be continued. Members contributed \$100 for a needy family selected by the Y staff, and President Wayne received a thank you note from the family. Tony reported that the Kalihi Y conducted a very successful camp for 140 at-risk teens from all over the island. The Kalihi Y also had the majority of participants in the annual Youth Model Legislature program this year, with 50 of the 65 participants. Kalihi Branch is still the leader in the Honolulu Y in working with teenagers.

The date for painting the lanai floors at the Y will be set at the next meeting. ▼

Laugh a Little, Live Longer *(continued from page 1)*

my wife is like most women; she loved to browse. Yesterday my dear wife received the following letter from the local Wal-Mart...

Dear Mrs. Samsel,

Over the past six months, your husband has been causing quite a commotion in our store. We cannot tolerate this behavior and have been forced to ban both of you from the store. Our complaints against Mr. Samsel are listed below and are documented by our video surveillance cameras...

- #1 **June 15:** Took 24 boxes of condoms and randomly put them in people’s carts when they weren’t looking.
- #2 **July 2:** Set all the alarm clocks in Housewares to go off at 5-minute intervals.
- #3 Made a trail of tomato juice on the floor leading to the women’s restroom.
- #4 **July 19:** Walked up to an employee and told her in an official voice, “Code 3 in Housewares. Get on it right away.”
- #5 **August 4:** Went to the Service Desk and tried to put a bag of M&M’s on layaway.
- #6 **August 14:** Moved a “CAUTION—WET FLOOR” sign to a carpeted area.
- #7 **August 15:** Set up a tent in the camping department and told other shoppers he’d invite them in if they would bring pillows and blankets from the bedding department.

- #8 **August 23:** When a clerk asked if they could help him, he began crying and screamed, “Why can’t you people just leave me alone?”
- #9 **September 4:** Looked right into the security camera and used it as a mirror while he picked his nose.
- #10 **September 10:** While handling guns in the hunting department, he asked the clerk where the anti-depressants were.
- #11 **October 3:** Darted around the store suspiciously while loudly humming the “Mission Impossible” theme.
- #12 **October 6:** In the auto department, he practiced his “Madonna look” by using different sizes of funnels.
- #13 **October 18:** Hid in a clothing rack and when people browsed through, yelled “PICK ME! PICK ME!”
- #14 **October 21:** When an announcement came over the loud speaker, he assumed a fetal position and screamed “OH NO! IT’S THOSE VOICES AGAIN!”

And finally, but not least,

- #15 **October 23:** Went into a fitting room, shut the door, waited awhile, then yelled very loudly, “Hey! There’s no toilet paper in here!”

Regional/Metro District News



D.G. Phil Chun conducts the meeting while Sec./Treas. Ken Kadomoto takes the minutes.

Bev Wong represented the club at the March Convention Planning Committee, along with D.G. Phil Chun. Because the Saturday lunch scheduled at the Miramar Hotel presented time and logistical problems, this meal will be cancelled and a bento lunch will take its place at the Ilima Hotel, where the business sessions will take place.

Bev and Dick Wong attended the Metro District Conference, held at the Faith Baptist Church next door to the Windward YMCA.

The Y did not have a room large enough to accommodate the group. This was the final meeting for the year and had the best attendance. The Council approved the Report form for the Member Recognition program and heard a presentation by Executive Director Josh Heimowitz of the Camp Branch regarding the KaBoom Play Ground project. A vital part of the project is the participation of volunteers, and the Y’s Men and Women were asked to be an important group in the plans. Josh also revealed the new Master Plans for Camp Erdman. ▼

FYI is a publication of the Kalihi Y’s Men’s Club, Chartered on January 19, 1991.

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